

A WORKSHEET FOR THE
WORDS THAT MOVE ME

PODCAST BY DANA WILSON

Why My Headshots Won't Suck

EPISODE

8

MY
NOTES:

A headshot is a picture of your head and Episode #8 takes a look at what is going on inside of it on a big shoot day. From hair & make up to mind set. From backdrops & wardrobe to wide angle distortion. We get to the bottom of why the getting great headshots can be challenging, and you'll learn how to make your next shoot the best day of your life. If you're not careful... This episode might turn you into someone who loves being photographed.

“Today, instead of thinking “Do it right, be right” I was thinking “Do it BRIGHT... and be YOURSELF”

-Dana Wilson

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SEPARATING THOUGHTS FROM FACTS

I talk (at length) about the pressure of having good headshots

*USE THE SPACE BELOW TO BRAINSTORM SOME
THOUGHTS ABOUT HEADSHOTS*



WHAT ARE THE COLD HARD FACTS ABOUT YOUR HEADSHOTS?



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IT'S TIME TO DO A
LITTLE

RESEARCH

There are A LOT of headshots out there in the world

Go Headshot Hunting!

List (or link) your faves below (and if you are using instagram for you search, it might be a good idea to make a new collection).

Write what all of your favorites have in common

What do your and LEAST favorites have in common

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SUPERMODEL WORK!

We can talk about it and we can look at a million examples, but to see progress and to get great results, you need to roll up your sleeves shoot.

I've made a checklist for you, now get to checking!

CAMERA

PERSON TO PUSH THE BUTTON (OR CAMERA WITH AUTO CAPTURE)

MAKE UP ON POINT

HAIR ON POINT

WARDROBE (OPTIONS) ON POINT

LOCATION (AND/ OR BACKDROPS)

LIGHT SOURCES (THE SUN COUNTS)

BASIC EDITING

SHOOT!

***FEEDBACK FROM FRIENDS FAMILY AND AGENTS/
TEAM EDIT THE "SELECTS"***

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